

	Mon AM	Mon PM	Tue AM	Tue PM	Wed AM	Wed PM	Thu AM	Thu PM	Fri AM
De Bohun Green Road Southgate N14 4AD *PARKING RESTRICTIONS PLEASE THE NOTE OVERLEAF*	<div> HENRY Starting Solids Workshop Carterhatch Children's Centre Thursday 2nd May 2024 1.30-3.30 pm CALL 020 8106 9996 TO BOOK </div>		Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm No session 26 March	Stay and Play Baby Group (0-1 Years) 2.00-3.15pm No session 26 March		First Time Parent Programme By Invitation 2.00– 3.15 pm Starts 21 February– ends 20 March	2 Year Reviews By Appointment Speech & Language (1st Monthly) By Invitation		Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm
Eldon St Peter's Road Edmonton N9 8JP For enquiries only - 020 8887 1965	Stay and Play (1-4 Years) 10.00-11.30am 2 Year Reviews By Appointment	Healthy Child Clinic DROP IN 1.15-3.15pm 2 Year Reviews By Appointment	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm Speech & Language (2nd Monthly) By Invitation Citizens Advice By Appointment	Stay and Play Baby Group (0-1 Years) 2.00-3.15pm	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm Antenatal Check By Appointment Access & Advice By Invitation (2nd Monthly)	Stay and Play (1-4 Years) 2.00-3.15pm No Session 27 March Antenatal Check By Appointment	FAMILY SUPPORT SURGERY 9-12pm Call for Appointment Let's Play/ Little Talkers 9.30-10.30am & 11.00-12.00pm By Invitation 2 Year Reviews By Appointment	2 Year Reviews By Appointment	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm Antenatal Checks By Appointment
Carterhatch Autumn Close Enfield EN1 4JY For enquiries only - 020 8804 6912	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm 2 Year Reviews By Appointment Speech & Language (1st Monthly) By Invitation	Stay and Play Baby Group (0-1 Years) 2.00-3.15 pm Access & Advice (2nd Monthly) By Invitation Speech & Language (3rd Monthly) By Invitation	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm FAMILY SUPPORT SURGERY 9-12pm Call for Appointment	Stay and Play (1-4 Years) 1.45-3.00 pm 2 Year Reviews By Appointment 6/8 week Reviews By Appointment	Citizens Advice By Appointment	Citizens Advice By Appointment	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm Breastfeeding Support By Appointment Antenatal Checks By Appointment	Stay and Play Baby Group (0-1 Years) 2.00-3.15pm 2 Year Reviews By Appointment Antenatal Checks By Appointment	Healthy Child Clinic DROP IN 9.30-11.30am 2 Year Reviews By Appointment
Raynham Woolmer Road N18 2JJ	<div> **FIRST TIME PARENTS PROGRAMME** *For babies 2-4 months* 5 week course Eldon Children's Centre Starts Thursday 18th April 2024 2.00–3.15 pm CALL 020 8106 9996 TO BOOK </div>		Healthy Child Clinic DROP IN 9.30-11.15 am 2 Year Reviews By Appointment Access & Advice By Invitation (4th Monthly)		Let's Play/ Little Talkers 9.30-10.30am By Invitation Let's Play/ Little Talkers 11.00-12.00pm By Invitation	Stay and Play (1-4 Years) 2.00-3.15pm	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm Citizens Advice By Appointment Speech & Language (4th Monthly) By Invitation	Stay and Play Baby Group (0-1 Years) 2.00-3.15pm Health Visitor Clinic By Appointment	Let's Play/ Little Talkers 9.30-10.30am By Invitation Let's Play/ Little Talkers 11.00-12.00pm By Invitation
Ponders End Youth & Family Hub, South Street, Enfield EN3 4PX	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm	Stay and Play Baby Group (0-1 Years) 2.00-3.15pm	Fizzy Gyms By Invitation only	Peri-Natal Mental Health Service By Invitation only	Me & My Baby By Invitation only	Stay and Play (1-4 Years) 12.30-1.45pm Stay and Play (1-4 Years) 12.30-1.45pm	Baby & Us 9.30-11.30 am By Invitation	Baby & Us 9.30-11.30 am By Invitation	

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Hazelwood Hazelwood Lane N13 5HE	<u>Perinatal Mental Health service</u> By Invitation	<u>Perinatal Mental Health service</u> By Invitation	<u>EPIP</u> By Appointment		<u>6/8 week Reviews</u> By Appointment	<u>Speech & Language (2nd Monthly)</u> By Appointment	<u>Healthy Child Clinic</u> By Appointment 9.30-11.30am <u>2 Year Reviews</u> By Appointment	<u>2 Year Reviews</u> By Appointment	<u>Antenatal Checks</u> By Appointment

*De Bohun Primary School is part of the Enfield School Streets initiative. Please be advised that if you drive outside the school between 8.15-9.15am & 2.45-3.45am, you will incur a fine. If you need further information, please email healthystreets@enfield.gov.uk

DESCRIPTION OF SERVICES

<p><u>Baby Group</u> (0-1 years) Call 0208 106 9996 to book</p> <p>Stay and Play sessions for parents & babies who are not yet walking to share experiences, meet new friends and gain information</p> <p><u>Stay and Play</u> (1- 4 year olds) Call 0208 106 9996 to book</p> <p>Stay and Play sessions that will enrich your child’s knowledge and development through play, helping your children explore their creativity and language</p> <p>**PLEASE NOTE these sessions are INDOOR & OUTDOOR **</p>	<p><u>FAMILY SUPPORT DROP-IN</u> Call to Book an appointment</p> <p>A Family Support Worker will be available to talk things through & offer guidance and support. No problem is too big or small .</p> <p><u>Citizens Advice Bureau</u></p> <p>Call 020 8106 9996 to book an appointment</p> <p>A trained adviser will be available to provide one-to-one consultations covering Welfare, Benefits and Debt advice, Housing etc</p>	<p><u>Speech & Language</u> By Appointment only</p> <p>To book an appointment with a Speech & Language therapist— <u>call 020 8702 5226</u></p> <p><u>Access & Advice</u> By Invitation Only</p> <p>A Speech & Language triage service which identifies childrens' language and communication needs. Referrals to this service are made via our Children's Centre staff</p>	<p><u>Let’s Play</u> By Invitation Only</p> <p>Language & Communication Group for children Invited by the Speech & Language team</p> <p><u>Little Talkers</u> By Invitation Only</p> <p>Language Group for children Invited by the Speech & Language team</p>
<p><u>Healthy Child Clinic</u> <i>DROP IN—no need to make an appointment</i></p> <p><u>CALL 020 3988 7300 for any Health enquiries or concerns</u></p> <p>A Health Visitor led baby & child 1-4 years weighing clinic</p> <p><u>Two Year Reviews</u> By Invitation Only</p> <p>A Health Visiting Team led service <u>CALL 020 3988 7300 for any Health enquiries or concerns</u></p>	<p><u>EPIP</u></p> <p>By Appointment only</p> <p>Service for parents-to-be and parents with babies up to 18 months. Are you finding things more difficult than you anticipated? Have you been feeling low or depressed? Are you feeling concerned that you haven’t formed a bond?</p> <p>Contact Carol Levine 07815492535 for further information</p>	<p><u>HENRY Starting Solids Workshop</u> Call to Book a place on waiting list</p> <p>For parents ensuring babies have a healthy start in life</p> <p><u>BABY & US</u></p> <p>An 9 week course run by trained local parents for local parents. Learn how to bond with your baby understand their needs, look after your wellbeing & meet new friends— suitable for parents/carers of babies 0-9 months</p> <p>To book or for more information please contact : Katrina Bray 07719 324861 Nadine Small 07719 324754</p>	<p><u>First Time Parents Programme</u></p> <p>Call to Book a place on waiting list</p> <p>For first time parents with babies aged 2 to 4 months- The program covers parents’ well-being, early communication, weaning and sleeping and it’s a great opportunity to meet local parents.</p>



All Sessions are FREE for families with children under 5
****NO MOBILES TO BE USED ANYWHERE ON SITES****
Please refer to our website for up to date information- www.ccenfield.org
 You can also find our privacy policy on <https://www.ccenfield.org/privacy-policy/>

****PRAMS & BUGGIES WILL NEED TO BE LEFT IN THE BUGGY PARKS PROVIDED AT ALL SITES****