



Start  
for  
Life

# Enfield Children's Centre

**\*\*SESSIONS CAN BE SUBJECT TO CHANGE\*\***

Www.ccenfield.org

Monday 15th January - Friday 9th February 2024

**IMPORTANT - To book a Stay and Play session  
please call- 020 8106 9996  
Mon- Thursdays 8.30- 4.30pm Fridays 8.30- 4pm**

	Mon AM	Mon PM	Tue AM	Tue PM	Wed AM	Wed PM	Thu AM	Thu PM	Fri AM
<b>De Bohun</b> Green Road Southgate N14 4AD <b>*PARKING RESTRICTIONS PLEASE THE NOTE OVERLEAF*</b>	<b>HENRY Starting Solids Workshop</b>  Eldon Children's Centre Tuesday 27th February 2024 1.30-3.30 pm  <b>CALL 020 8106 9996 TO BOOK</b>		<a href="#">Stay and Play (1-4 Years)</a> 9.15-10.30am  <a href="#">Stay and Play (1-4 Years)</a> 11.00-12.15 pm	<a href="#">Stay and Play Baby Group (0-1 Years)</a> 2.00-3.15pm	<b>**BABY &amp; US**</b> For parents/carers of children aged 0-9 months 9 week course Ponders End Youth & Family Hub Starts 25th January 2024 9.30-11.30 am  <b>CALL 020 8106 9996 TO BOOK</b>		<a href="#">2 Year Reviews By Appointment</a>  <a href="#">Speech &amp; Language (1st Monthly) By Invitation</a>		<a href="#">Stay and Play (1-4 Years)</a> 9.15-10.30am  <a href="#">Stay and Play (1-4 Years)</a> 11.00-12.15 pm
<b>Eldon</b> St Peter's Road Edmonton N9 8JP  For enquiries only - 020 8887 1965	<a href="#">Stay and Play (1-4 Years)</a> 10.00-11.30am  <a href="#">2 Year Reviews By Appointment</a>	<a href="#">Healthy Child Clinic DROP IN</a> 1.15-3.15pm  <a href="#">2 Year Reviews By Appointment</a>	<a href="#">Stay and Play (1-4 Years)</a> 9.15-10.30am <a href="#">Stay and Play (1-4 Years)</a> 11.00-12.15 pm  <a href="#">Speech &amp; Language (2nd Monthly) By Invitation</a> <a href="#">Citizens Advice By Appointment</a>	<a href="#">Stay and Play Baby Group (0-1 Years)</a> 2.00-3.15pm	<a href="#">Stay and Play (1-4 Years)</a> 9.15-10.30am <a href="#">Stay and Play (1-4 Years)</a> 11.00-12.15 pm  <a href="#">Antenatal Check By Appointment</a> <a href="#">Access &amp; Advice By Invitation (2nd Monthly)</a>	<a href="#">Stay and Play (1-4 Years)</a> 2.00-3.15pm  <a href="#">Antenatal Check By Appointment</a>	<b>FAMILY SUPPORT SURGERY 9-12pm</b> Call for Appointment  <a href="#">Let's Play/ Little Talkers</a> 9.30-10.30am By Invitation  <a href="#">2 Year Reviews By Appointment</a>	<a href="#">2 Year Reviews By Appointment</a>	<a href="#">Stay and Play (1-4 Years)</a> 9.15-10.30am  <a href="#">Stay and Play (1-4 Years)</a> 11.00-12.15 pm  <a href="#">Antenatal Checks By Appointment</a>
<b>Carterhatch</b> Autumn Close Enfield EN1 4JY  For enquiries only - 020 8804 6912	<a href="#">Stay and Play (1-4 Years)</a> 9.15-10.30am <a href="#">Stay and Play (1-4 Years)</a> 11.00-12.15 pm  <a href="#">2 Year Reviews By Appointment</a> <a href="#">Speech &amp; Language (1st Monthly) By Invitation</a>	<a href="#">Stay and Play Baby Group (0-1 Years)</a> 2.00-3.15 pm  <a href="#">Access &amp; Advice (2nd Monthly) By Invitation</a> <a href="#">Speech &amp; Language (3rd Monthly) By Invitation</a>	<a href="#">Stay and Play (1-4 Years)</a> 9.15-10.30am <a href="#">Stay and Play (1-4 Years)</a> 11.00-12.15 pm  <b>FAMILY SUPPORT SURGERY 9-12pm</b> Call for Appointment	<a href="#">Stay and Play (1-4 Years)</a> 1.45-3.00 pm  <a href="#">2 Year Reviews By Appointment</a>  <a href="#">6/8 week Reviews By Appointment</a>	<a href="#">Citizens Advice By Appointment</a>	<a href="#">Citizens Advice By Appointment</a>	<a href="#">Stay and Play (1-4 Years)</a> 9.15-10.30am  <a href="#">Stay and Play (1-4 Years)</a> 11.00-12.15 pm  <a href="#">Antenatal Checks By Appointment</a>	<a href="#">Stay and Play Baby Group (0-1 Years)</a> 2.00-3.15pm  <a href="#">2 Year Reviews By Appointment</a>  <a href="#">Antenatal Checks By Appointment</a>	<a href="#">Healthy Child Clinic DROP IN</a> 9.30-11.30am  <a href="#">2 Year Reviews By Appointment</a>
<b>Raynham</b> Woolmer Road N18 2JJ	<b>**FIRST TIME PARENTS PROGRAMME**</b> <b>*For babies 2-4 months*</b> <b>5 week course</b>  De Bohun Children's Centre Starts Weds 21st February 2024 2.00-3.15 pm  <b>CALL 020 8106 9996 TO BOOK</b>		<a href="#">Healthy Child Clinic DROP IN</a> 9.30-11.15 am  <a href="#">2 Year Reviews By Appointment</a> <a href="#">Access &amp; Advice By Invitation (4th Monthly)</a>		<a href="#">Let's Play/ Little Talkers</a> 9.30-10.30am By Invitation	<a href="#">Stay and Play (1-4 Years)</a> 2.00-3.15pm	<a href="#">Stay and Play (1-4 Years)</a> 9.15-10.30am <a href="#">Stay and Play (1-4 Years)</a> 11.00-12.15 pm  <a href="#">Citizens Advice By Appointment</a> <a href="#">Speech &amp; Language (4th Monthly) By Invitation</a>	<a href="#">Stay and Play Baby Group (0-1 Years)</a> 2.00-3.15pm  <a href="#">Health Visitor Clinic By Appointment</a>	<a href="#">Let's Play/ Little Talkers</a> 9.30-10.30am By Invitation <a href="#">Let's Play/ Little Talkers</a> 11.00-12.00pm By Invitation
<b>Ponders End Youth &amp; Family Hub,</b> South Street, Enfield EN3 4PX	<a href="#">Stay and Play (1-4 Years)</a> 9.15-10.30am  <a href="#">Stay and Play (1-4 Years)</a> 11.00-12.15 pm NO SESSION on 29th Jan	<a href="#">Stay and Play Baby Group (0-1 Years)</a> 2.00-3.15pm No session 29th JAN  <a href="#">HENRY Starting Solids Workshop</a> 29th January Call to book	<a href="#">Fizzy Gyms</a> By Invitation only	<a href="#">Peri-Natal Mental Health Service</a> By Invitation only	<a href="#">Me &amp; My Baby</a> By Invitation only	<b>First Time Parent Programme</b> By Invitation 2.30- 3.45pm Starts 17 Jan  <a href="#">Stay and Play (1-4 Years)</a> 12.30-1.45pm	<b>Baby &amp; Us</b> 9.30-11.30 am By Invitation	<b>Baby &amp; Us</b> 9.30-11.30 am By Invitation	

	Mon AM	Mon PM	Tue AM	Tue PM	Wed AM	Wed PM	Thu AM	Thu PM	Fri AM
Hazelwood Hazelwood Lane N13 5HE	<u>Perinatal Mental Health service</u> By Invitation	<u>Perinatal Mental Health service</u> By Invitation	<u>EPIP</u> By Appointment		<u>6/8 week Reviews</u> By Appointment	<u>Speech &amp; Language</u> (2nd Monthly) By Appointment	<u>Healthy Child Clinic</u> By Appointment 9.30-11.30am <u>2 Year Reviews</u> By Appointment	<u>2 Year Reviews</u> By Appointment	<u>Antenatal Checks</u> By Appointment

\*De Bohun Primary School is part of the Enfield School Streets initiative. Please be advised that if you drive outside the school between 8.15-9.15am & 2.45-3.45am, you will incur a fine. If you need further information, please email [healthystreets@enfield.gov.uk](mailto:healthystreets@enfield.gov.uk)

## DESCRIPTION OF SERVICES

<p><u>Baby Group</u> (0-1 years) Call 0208 106 9996 to book</p> <p>Stay and Play sessions for parents &amp; babies who are not yet walking to share experiences, meet new friends and gain information</p> <p><u>Stay and Play</u> (1- 4 year olds) Call 0208 106 9996 to book</p> <p>Stay and Play sessions that will enrich your child's knowledge and development through play, helping your children explore their creativity and language</p> <p><b>**PLEASE NOTE these sessions are INDOOR &amp; OUTDOOR **</b></p>	<p><u>FAMILY SUPPORT DROP-IN</u> Call to Book an appointment</p> <p>A Family Support Worker will be available to talk things through &amp; offer guidance and support. No problem is too big or small .</p> <p><u>Citizens Advice Bureau</u> Call 020 8106 9996 to book an appointment</p> <p>A trained adviser will be available to provide one-to-one consultations covering Welfare, Benefits and Debt advice, Housing etc</p>	<p><u>Speech &amp; Language</u> By Appointment only</p> <p>To book an appointment with a Speech &amp; Language therapist— call 020 8702 5226</p> <p><u>Access &amp; Advice</u> By Invitation Only</p> <p>A Speech &amp; Language triage service which identifies childrens' language and communication needs. Referrals to this service are made via our Children's Centre staff</p>	<p><u>Let's Play</u> By Invitation Only</p> <p>Language &amp; Communication Group for children Invited by the Speech &amp; Language team</p> <p><u>Little Talkers</u> By Invitation Only</p> <p>Language Group for children Invited by the Speech &amp; Language team</p>
<p><u>Healthy Child Clinic</u> DROP IN—no need to make an appointment</p> <p>CALL 020 3988 7300 for any Health enquiries or concerns</p> <p>A Health Visitor led baby &amp; child 1-4 years weighing clinic</p> <p><u>Two Year Reviews</u> By Invitation Only</p> <p>A Health Visiting Team led service CALL 020 3988 7300 for any Health enquiries or concerns</p>	<p><u>EPIP</u> By Appointment only</p> <p>Service for parents-to-be and parents with babies up to 18 months. Are you finding things more difficult than you anticipated? Have you been feeling low or depressed? Are you feeling concerned that you haven't formed a bond?</p> <p>Contact Carol Levine 07815492535 for further information</p>	<p><u>HENRY Starting Solids Workshop</u> Call to Book a place on waiting list</p> <p>For parents ensuring babies have a healthy start in life</p> <p><u>BABY &amp; US</u></p> <p>An 9 week course run by trained local parents for local parents. Learn how to bond with your baby understand their needs, look after your wellbeing &amp; meet new friends— suitable for parents/carers of babies 0-9 months</p> <p>To book or for more information please contact : Katrina Bray 07719 324861 Nadine Small 07719 324754</p>	<p><u>First Time Parents Programme</u> Call to Book a place on waiting list</p> <p>For first time parents with babies aged 2 to 4 months- The program covers parents' well-being, early communication, weaning and sleeping and it's a great opportunity to meet local parents.</p>

All Sessions are FREE for families with children under 5

**\*\*NO MOBILES TO BE USED ANYWHERE ON SITES\*\***

Please refer to our website for up to date information- [www.ccenfield.org](http://www.ccenfield.org)

You can also find our privacy policy on <https://www.ccenfield.org/privacy-policy/>



**\*\*PRAMS & BUGGIES WILL NEED TO BE LEFT IN THE BUGGY PARKS PROVIDED AT ALL SITES\*\***