



Start
for
Life

Enfield Children's Centre

****SESSIONS CAN BE SUBJECT TO CHANGE****
 www.ccenfield.org

Monday 27th November -
 Wednesday 20th December 2023

**IMPORTANT - To book a Stay and Play session
 please call- 020 8106 9996
 Mon- Thursdays 8.30- 4.30pm Fridays 8.30- 4pm**

	Mon AM	Mon PM	Tue AM	Tue PM	Wed AM	Wed PM	Thu AM	Thu PM	Fri AM
De Bohun Green Road Southgate N14 4AD *PARKING RESTRICTIONS PLEASE THE NOTE BELOW*	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm	Stay and Play Baby Group (0-1 Years) 2.00-3.15pm	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm	Stay and Play Baby Group (0-1 Years) 2.00-3.15pm	**BEING A PARENT** For parents/carers of children aged 2-4 years 8 week course Ponders End Youth & Family Hub, South Street Enfield EN3 4PX Starts 28th Sept 2023 9.30-11.30 am CALL 020 8106 9996 TO BOOK		2 Year Reviews By Appointment Speech & Language (1st Monthly) By Invitation	HENRY Starting Solids Workshop Ponders End Youth & Family Hub, South Street Enfield EN3 4PX Monday 29th January 2024 1.30-3.30 pm CALL 020 8106 9996 TO BOOK	
Eldon St Peter's Road Edmonton N9 8JP For enquiries only - 020 8887 1965	Stay and Play (1-4 Years) 10.00-11.30am 2 Year Reviews By Appointment	Healthy Child Clinic DROP IN 1.15-3.15pm 2 Year Reviews By Appointment	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm Speech & Language (2nd Monthly) By Invitation Citizens Advice By Appointment	Stay and Play Baby Group (0-1 Years) 2.00-3.15pm	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm No session 20th December Antenatal Check By Appointment Access & Advice By Invitation (2nd Monthly)	Stay and Play (1-4 Years) 2.00-3.15pm No session 20th December Antenatal Check By Appointment	Let's Play/Little Talkers 9.30-10.30am By Invitation 2 Year Reviews By Appointment	FAMILY SUPPORT SURGERY 1- 4pm Call for Appointment Year Reviews By Appointment	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm Antenatal Checks By Appointment
Carterhatch Autumn Close Enfield EN1 4JY For enquiries only - 020 8804 6912	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm 2 Year Reviews By Appointment Speech & Language (1st Monthly) By Invitation	Stay and Play Baby Group (0-1 Years) 2.00-3.15 pm Speech & Language (3rd Monthly) By Invitation	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm Access & Advice (2nd Monthly) By Invitation FAMILY SUPPORT SURGERY 9-12pm Call for Appointment	Stay and Play (1-4 Years) 1.45-3.00 pm 2 Year Reviews By Appointment 6/8 week Reviews By Appointment	Citizens Advice By Appointment	Citizens Advice By Appointment	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm Antenatal Checks By Appointment	Stay and Play Baby Group (0-1 Years) 2.00-3.15pm 2 Year Reviews By Appointment Antenatal Checks By Appointment	Healthy Child Clinic DROP IN 9.30-11.30am 2 Year Reviews By Appointment
Raynham Woolmer Road N18 2JJ	**FIRST TIME PARENTS PROGRAMME** *For babies 2-4 months* 5 week course Ponders End Youth & Family Hub, South Street Enfield EN3 4PX Starts Wednesday 17th January 2024 2.00-3.15 pm CALL 020 8106 9996 TO BOOK		Healthy Child Clinic DROP IN 9.30-11.15 am 2 Year Reviews By Appointment Access & Advice By Invitation (4th Monthly)	First Time Parent Programme By Invitation 2.00- 3.15pm Starts 21 Nov Ends 19 Dec	Let's Play/Little Talkers 9.30-10.30am By Invitation	Stay and Play (1-4 Years) 2.00-3.15pm No session 13th December 20th December	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm Citizens Advice By Appointment Speech & Language (4th Monthly) By Invitation	Stay and Play Baby Group (0-1 Years) 2.00-3.15pm Health Visitor Clinic By Appointment	Let's Play/Little Talkers 9.30-10.30am By Invitation Let's Play/Little Talkers 11.00-12.00pm By Invitation
Hazelwood Hazelwood Lane N13 5HE	Perinatal Mental Health service By Invitation	Perinatal Mental Health service By Invitation	EPIP By Appointment		6/8 week Reviews By Appointment	Speech & Language (2nd Monthly) By Appointment	Healthy Child Clinic By Appointment 9.30-11.30am 2 Year Reviews By Appointment	2 Year Reviews By Appointment	Antenatal Checks By Appointment

De Bohun Primary School is part of the Enfield School Streets initiative. Please be advised that if you drive outside the school between 8.15-9.15am and 2.45-3.45pm, you will incur a fine. If you need further information, please email healthystreets@enfield.gov.uk

*****PRAMS & BUGGIES WILL NEED TO BE LEFT IN THE BUGGY PARKS PROVIDED AT ALL SITES*****

Description of Sessions

Please note that Buggies & Prams will need to be left in the Buggy Parks provided at all Sites

<p><u>Baby Group</u> (0-1 years) Call 0208 106 9996 to book</p> <p>Stay and Play sessions for parents & babies who are not yet walking to share experiences, meet new friends and gain information</p> <p><u>Stay and Play</u> (1- 4 year olds) Call 0208 106 9996 to book</p> <p>Stay and Play sessions that will enrich your child's knowledge and development through play, helping your children explore their creativity and language</p> <p>**PLEASE NOTE these sessions are INDOOR & OUTDOOR **</p>	<p><u>FAMILY SUPPORT DROP-IN</u> Call to Book an appointment</p> <p>A Family Support Worker will be available to talk things through & offer guidance and support. No problem is too big or small .</p> <p><u>Citizens Advice Bureau</u> Call 020 8106 9996 to book an appointment</p> <p>A trained adviser will be available to provide one-to-one consultations covering Welfare, Benefits and Debt advice, Housing etc</p>	<p><u>Speech & Language</u> By Appointment only</p> <p>To book an appointment with a Speech & Language therapist— <u>call 020 8702 5226</u></p> <p><u>Access & Advice</u> By Invitation Only</p> <p>A Speech & Language triage service which identifies childrens' language and communication needs. Referrals to this service are made via our Children's Centre staff</p>	<p><u>Let's Play</u> By Invitation Only</p> <p>Language & Communication Group for children Invited by the Speech & Language team</p> <p><u>Little Talkers</u> By Invitation Only</p> <p>Language Group for children Invited by the Speech & Language team</p>
<p><u>Healthy Child Clinic</u></p> <p><i>DROP IN—no need to make an appointment</i></p> <p><u>CALL 020 3988 7300 for any Health enquiries or concerns</u></p> <p>A Health Visitor led baby & child 1-4 years weighing clinic</p> <p><u>Two Year Reviews</u> By Invitation Only</p> <p>A Health Visiting Team led service <u>CALL 020 3988 7300 for any Health enquiries or concerns</u></p>	<p><u>EPIP</u></p> <p>By Appointment only</p> <p>Service for parents-to-be and parents with babies up to 18 months. Are you finding things more difficult than you anticipated? Have you been feeling low or depressed? Are you feeling concerned that you haven't formed a bond?</p> <p>Contact Carol Levine 07815492535 for further information</p>	<p><u>HENRY Starting Solids Workshop</u></p> <p>Call to Book a place on waiting list</p> <p>For parents ensuring babies have a healthy start in life</p> <p><u>BEING A PARENT COURSE</u></p> <p>An 8 week course run at the Ponders End Youth & Family Hub in Enfield covering topics such as : Being a good enough parent, playtime, behavior, discipline, listening & communication, coping with stress</p> <p>To book or for more information please contact : Katrina Bray 07719 324861 Nadine Small 07719 324754</p>	<p><u>First Time Parents Programme</u></p> <p>Call to Book a place on waiting list</p> <p>For first time parents with babies aged 2 to 4 months- The program covers parents' well-being, early communication, weaning and sleeping and it's a great opportunity to meet local parents.</p>



All Sessions are FREE for families with children under 5

****NO MOBILES TO BE USED ANYWHERE ON SITES****

Please refer to our website for up to date information- www.ccenfield.org

You can also find our privacy policy on <https://www.ccenfield.org/privacy-policy/>