

# **Enfield Children's Centre**

\*\*SESSIONS CAN BE SUBJECT TO CHANGE\*\*
Www.ccenfield.org

Monday 4th September-Friday 20th October 2023

IMPORTANT - To book a Stay and Play session please call- 020 8106 9996

Mon- Thur 8.30am -4.30pm & Fridays 8.30-4pm

	Mon AM	Mon PM	Tue AM	Tue PM	Wed AM	Wed PM	Thu AM	Thu PM	Fri AM
De Bohun Green Road Southgate N14 4AD *PARKING RESTRICTIONS PLEASE THE NOTE BELOW*	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm	Stay and Play Baby Group (0-1 Years) 2.00-3.15pm	Stay and Play (1-4 Years) 9.15-10.30am  Stay and Play (1-4 Years) 11.00-12.15 pm	Stay and Play Baby Group (0-1 Years) 2.00-3.15pm	**BEING A PARENT** For parents/carers of children aged 2-4 years 8 week course  Ponders End Youth & Family Hub, South Street Enfield EN3 4PX Starts 22nd Sept 2023 9.30-11.30 am CALL 020 8106 9996 TO BOOK		2 Year Reviews By Appointment  Speech & Language (1st Monthly) By Invitation		
Eldon St Peter's Road Edmonton N9 8JP For enquiries only - 020 8887 1965	Stay and Play (1-4 Years) 10.00-11.30am  2 Year Reviews By Appointment	Healthy Child Clinic DROP IN 1.15-3.15pm  2 Year Reviews By Appointment	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm No session 26 Sept Speech & Language (2nd Monthly) By Invitation Citizens Advice By Appointment	Stay and Play Baby Group (0-1 Years) 2.00-3.15pm No session 26 Sept	Stay and Play (1-4 Years) 9.15-10.30am  Stay and Play (1-4 Years) 11.00-12.15 pm  Antenatal Check By Appointment	Stay and Play (1-4 Years) 2.00-3.15pm No session 20 Sept  Antenatal Check By Appointment	2 Year Reviews By Appointment	2 Year Reviews By Appointment  FAMILY SUPPORT SURGERY 1- 4pm Call for Appointment	Stay and Play (1-4 Years) 9.15-10.30am  Stay and Play (1-4 Years) 11.00-12.15 pm  Antenatal Checks By Appointment
Carterhatch Autumn Close Enfield EN1 4JY For enquiries only - 020 8804 6912	Stay and Play (1-4 Years) 9.15-10.30am No sessions 18 Sept Stay and Play (1-4 Years) 11.00-12.15 pm No sessions 18 Sept 2 Year Reviews By Appointment Speech & Language (1st Monthly) By Invitation	Stay and Play Baby Group (0-1 Years) 2.00-3.15 pm No session 18 Sept  Access & Advice (2nd Monthly) By Invitation Speech & Language (3rd Monthly) By Invitation	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm  FAMILY SUPPORT SURGERY 9-12pm Call for Appointment	Stay and Play (1-4 Years) 1.45-3.00 pm  2 Year Reviews By Appointment  6/8 week Reviews By Appointment	Citizens Advice By Appointment	First Time Parent Programme By Invitation 2.00– 3.15pm Starts 13 Sept Ends 11 Oct  Citizens Advice By Appointment	Stay and Play (1-4 Years) 9.15-10.30am  Stay and Play (1-4 Years) 11.00-12.15 pm  Antenatal Checks By Appointment	Stay and Play Baby Group (0-1 Years) 2.00-3.15pm  2 Year Reviews By Appointment  Antenatal Checks By Appointment	Healthy Child Clinic DROP IN 9.30-11.30am  2 Year Reviews By Appointment
Raynham Woolmer Road N18 2JJ	**FIRST TIME PARENTS PROGRAMME**  *For babies 2-4 months*  5 week course  Carterhatch Children's Centre  Starts Wed 13th Sept 2023  2.00-3.15 pm  Eldon Children's Centre  Starts Thur 19th Oct 2023  2.00-3.15 pm  CALL 020 8106 9996 TO BOOK		Healthy Child Clinic DROP IN 9.30-11.15 am  2 Year Reviews By Appointment  Access & Advice By Invitation (4th Monthly)	HENRY Starting Solids Workshop  **for babies 4 - 7 months **  Eldon Children's Centre Tuesday 26th September 2023 1.30-3.30pm  Raynham Children's Centre Thursday 28th September 2023 1.30-3.30pm  CALL 020 8106 9996 TO BOOK		Stay and Play (1-4 Years) 2.00-3.15pm	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm No session 28 Sept Citizens Advice By Appointment Speech & Language (4th Monthly) By Invitation	Stay and Play Baby Group (0-1 Years) 2.00-3.15pm No session 28 Sept  Health Visitor Clinic By Appointment	Let's Play/ Little Talkers 9.15-10.30am By Invitation  Let's Play/ Little Talkers 11.00-12.15 pm By Invitation
Hazelwood Hazelwood Lane N13 5HE	Perinatal Mental Health service By Invitation	Perinatal Mental Health service By Invitation	<u>EPIP</u> By Appointment		6/8 week Reviews By Appointment	Speech & Language (2nd Monthly) By Appointment	Healthy Child Clinic By Appointment 9.30-11.30am 2 Year Reviews By Appointment	2 Year Reviews By Appointment	Antenatal Checks By Appointment

# **Description of Sessions**

\*Please note that Buggies & Prams will need to be left in the Buggy Parks provided at all Sites\*

#### Baby Group (0-1 years) Call 0208 106 9996 to book

Stay and Play sessions for parents & babies who are not yet walking to share experiences, meet new friends and gain information

Stay and Play (1- 4 year olds) Call 0208 106 9996 to book

Stay and Play sessions that will enrich your child's knowledge and development through play, helping your children explore their creativity and language

\*\*PLEASE NOTE these sessions are INDOOR & OUTDOOR \*\*

# FAMILY SUPPORT DROP-IN Call to Book an appointment

A Family Support Worker will be available to talk things through & offer guidance and support.

No problem is too big or small.

#### Citizens Advice Bureau

Call 020 8106 9996 to book an appointment

A trained adviser will be available to provide one-to-one consultations covering Welfare, Benefits and Debt advice, Housing etc

## Speech & Language

By Appointment only
To book an appointment with a Speech &
Language therapist—
call 020 8702 5226

# Access & Advice By Invitation Only

A Speech & Language triage service which identifies childrens' language and communication needs. Referrals to this service are made via our Children's Centre staff

### Let's Play

By Invitation Only
Language & Communication Group for children
Invited by the
Speech & Language team

#### <u>Little Talkers</u> By Invitation Only

Language Group for children Invited by the Speech & Language team

# **Healthy Child Clinic**

DROP IN—no need to make an appointment

CALL 020 3988 7300 for any Health enquiries or concerns

A Health Visitor led baby & child 1-4 years weighing clinic

Two Year Reviews
By Invitation Only

A Health Visiting Team led service

<u>CALL 020 3988 7300 for any</u> *Health enquiries or concerns* 

### **EPIP**

### By Appointment only

Service for parents-to-be and parents with babies up to 18 months.

Are you finding things more difficult than you anticipated? Have you been feeling low or depressed? Are you feeling concerned that you haven't formed a bond?

Contact Carol Levine 07815492535 for further information

#### **HENRY Starting Solids Workshop**

#### Call to Book a place on waiting list

For parents with babies aged 4-7 months ensuring babies have a healthy start in life

#### First Time Parents Programme

#### Call to Book a place on waiting list

For first time parents with babies aged 2 to 4 months- The program covers parents' well-being, early communication, weaning and sleeping and it's a great opportunity to meet local parents.

All Sessions are FREE for families with children under 5
\*\*NO MOBILES TO BE USED ANYWHERE ON SITES\*\*

Please refer to our website for up to date information- www.ccenfield.org

You can also find our privacy policy on <a href="https://www.ccenfield.org/privacy-policy/">https://www.ccenfield.org/privacy-policy/</a>