



Enfield Children's Centre

****SESSIONS CAN BE SUBJECT TO CHANGE****

Monday 20th February 2023 -
Friday 31st March 2023

**IMPORTANT - To book a Stay and Play session
please call- 020 8106 9996
Mon- Thur 8.30am -4.30pm & Fridays 8.30- 4pm**

	Mon AM	Mon PM	Tue AM	Tue PM	Wed AM	Wed PM	Thu AM	Thu PM	Fri AM
De Bohun Green Road Southgate N14 4AD *PARKING RESTRICTIONS PLEASE THE NOTE BELOW*	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm	Stay and Play Baby Group (0-1 Years) 2.00-3.15pm	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm	Stay and Play Baby Group (0-1 Years) 2.00-3.15pm			2 Year Reviews By Appointment Speech & Language (1st Monthly) By Invitation		
Eldon St Peter's Road Edmonton N9 8JP For enquiries only - 020 8887 1965	Stay and Play (1-4 Years) 10.00-11.30am 2 Year Reviews By Appointment	Healthy Child Clinic DROP IN 1.15-3.15pm 2 Year Reviews By Appointment	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm Speech & Language (2nd Monthly) By Invitation Citizens Advice By Appointment	Stay and Play Baby Group (0-1 Years) 2.00-3.15pm No Group on 21st March	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm Antenatal Check By Appointment	Stay and Play (1-4 Years) 2.00-3.15pm Antenatal Check By Appointment	TALK ACTIVITY By Appointment 9.30-10.30am 2 Year Reviews By Appointment	2 Year Reviews By Appointment FAMILY SUPPORT SURGERY 1- 4pm Call for Appointment	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm Antenatal Checks By Appointment
Carterhatch Autumn Close Enfield EN1 4JY For enquiries only - 020 8804 6912	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm 2 Year Reviews By Appointment Speech & Language (1st & 3rd Monthly) By Invitation	Stay and Play Baby Group (0-1 Years) 2.00-3.15 pm Speech & Language (3rd Monthly) By Invitation	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm FAMILY SUPPORT SURGERY 9-12pm Call for Appointment	Stay and Play (1-4 Years) 1.45-3.00 pm 2 Year Reviews By Appointment 6/8 week Reviews By Appointment	TALK ACTIVITY By Appointment 9.30-10.45am Citizens Advice By Appointment	First Time Parent Programme By Invitation 2.00- 3.15pm Citizens Advice By Appointment	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm Breastfeeding Support By Appointment Antenatal Checks By Appointment	Stay and Play Baby Group (0-1 Years) 2.00-3.15pm 2 Year Reviews By Appointment Antenatal Checks By Appointment	Healthy Child Clinic DROP IN 9.30-11.30am 2 Year Reviews By Appointment
Raynham Woolmer Road N18 2JJ	HENRY Starting Solids Workshop **for babies 4- 7 months ** Eldon Children's Centre Tuesday 21st March 2023 1.30-3.30pm Raynham Children's Centre Thursday 23rd March 2023 1.30-3.30pm CALL 020 8106 9996 TO BOOK		Healthy Child Clinic DROP IN 9.30-11.15 am 2 Year Reviews By Appointment		Let's Play By Invitation 9.30-10.30am Let's Play By Invitation 11.00-12.00pm	Stay and Play (1-4 Years) 2.00-3.15pm	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm Citizens Advice By Appointment Speech & Language (4th Monthly) By Invitation	Stay and Play Baby Group (0-1 Years) 2.00-3.15pm No Group on 23rd March Health Visitor Clinic By Appointment	Let's Play By Invitation 9.30-10.30am Let's Play By Invitation 11.00-12.00pm
Hazelwood Hazelwood Lane N13 5HE	Perinatal Mental Health service By Invitation	Perinatal Mental Health service By Invitation	EPIP By Appointment		6/8 week Reviews By Appointment	SALT (2nd Monthly) By Appointment	2 Year Reviews By Appointment	2 Year Reviews By Appointment	Antenatal Checks By Appointment

De Bohun Primary School is part of the Enfield School Streets initiative. Please be advised that if you drive outside the school between 8.15-9.15am and 2.45-3.45pm, you will incur a fine. If you need further information, please email healthystreets@enfield.gov.uk*

*****PRAMS & BUGGIES WILL NEED TO BE LEFT IN THE BUGGY PARKS PROVIDED AT ALL SITES*****

Description of Sessions

Please note that Buggies & Prams will need to be left in the Buggy Parks provided at all Sites

<p><u>Baby Group</u> (0-1 years) Call & leave a message to book</p> <p>Stay and Play sessions for parents & babies who are not yet walking to share experiences, meet new friends and gain information</p> <p><u>Stay and Play</u> (1- 4 year olds) Call & leave a message to book</p> <p>Stay and Play sessions that will enrich your child's knowledge and development through play, helping your children explore their creativity and language</p> <p>**PLEASE NOTE these sessions are INDOOR & OUTDOOR **</p>	<p><u>FAMILY SUPPORT DROP-IN</u> Call to Book an appointment</p> <p>A Family Support Worker will be available to talk things through & offer guidance and support. No problem is too big or small .</p> <p><u>BEING A PARENT COURSE</u></p> <p>An 8 week course run at the Lancaster Centre in Enfield covering topics such as : Being a good enough parent, playtime, behavior, discipline, listening & communication, coping with stress</p> <p>To book or for more information please contact : Kerry Freshwater 07719 324902 Leoni Hill 07719 324807</p>	<p><u>Citizens Advice Bureau</u></p> <p>Call 020 8106 9996 to book an appointment</p> <p>A trained adviser will be available to provide one-to-one consultations covering Welfare, Benefits and Debt advice, Housing etc</p>	<p><u>Breastfeeding Support</u></p> <p>Support and advice from our breastfeeding peer supporters.</p> <p>To refer yourself into this service please email northmid.breferrals@nhs.net</p>
<p><u>Healthy Child Clinic</u></p> <p>DROP IN—no need to make an appointment</p> <p>CALL 020 3988 7300 for any Health enquiries or concerns</p> <p>A Health Visitor led baby & child 1-4 years weighing clinic</p> <p><u>Two Year Reviews</u> By Invitation Only</p> <p>A Health Visiting Team led service CALL 020 3988 7300 for any Health enquiries or concerns</p>	<p><u>EPIP</u></p> <p>By Appointment only</p> <p>Service for parents-to-be and parents with babies up to 18 months. Are you finding things more difficult than you anticipated? Have you been feeling low or depressed? Are you feeling concerned that you haven't formed a bond?</p> <p>Contact Carol Levine 07815492535 for further information</p>	<p><u>Speech & Language</u> By Appointment only</p> <p>Appointment with a Speech and Language therapist—call 020 8702 5226</p> <p><u>Let's Play</u> By Invitation Only</p> <p>Language & Communication Group for children invited by the Speech & Language team</p> <p><u>Talk Activity</u> By Invitation Only</p> <p>Group for children invited by the Speech & Language team</p>	<p><u>First Time Parents Programme</u></p> <p>Call to Book a place on waiting list</p> <p>For first time parents with babies aged 2 to 4 months- The program covers parents' well-being, early communication, weaning and sleeping and it's a great opportunity to meet local parents.</p> <p><u>HENRY Starting Solids Workshop</u></p> <p>Call to Book a place on waiting list</p> <p>For parents with babies aged 4-7 months ensuring babies have a healthy start in life</p>
<p>All Sessions are FREE for families with children under 5 Please refer to our website for up to date information- www.ccenfield.org</p> <p>You can also find our privacy policy on https://www.ccenfield.org/privacy-policy/</p>			