



Enfield Children's Centre

****SESSIONS CAN BE SUBJECT TO CHANGE****

Monday 31st October -
Friday 16th December 2022

IMPORTANT - All Stay and Play sessions will have to be booked by calling 020 8106 9996 and leave a message Mon-Fri 8.30am -4.30pm

	Mon AM	Mon PM	Tue AM	Tue PM	Wed AM	Wed PM	Thu AM	Thu PM	Fri AM
De Bohun Green Road Southgate N14 4AD *PARKING RESTRICTIONS PLEASE THE NOTE BELOW*	<u>Stay and Play (1-4 Years)</u> 9.15-10.30am <u>Stay and Play (1-4 Years)</u> 11.00-12.15 pm	<u>Stay and Play Baby Group (0-1 Years)</u> 2.00-3.15pm	<u>Stay and Play (1-4 Years)</u> 9.15-10.30am <u>Stay and Play (1-4 Years)</u> 11.00-12.15 pm	<u>Stay and Play Baby Group (0-1 Years)</u> 2.00-3.15pm	Being A Parent Course <i>*8 Week Course*</i> 6th October TO 15th December 2022 Time- 9.30-11.30am Location- Lancaster Centre Lancaster Road Enfield EN2 0BU Please contact: Kerry- 07719 324902 Leoni- 07719 324807		<u>2 Year Reviews By Appointment</u> <u>Speech & Language (1st Monthly) By Invitation</u>	<u>2 Year Reviews By Appointment</u>	
Eldon St Peter's Road Edmonton N9 8JP	<u>Stay and Play (1-4 Years)</u> 10.00-11.30am <u>2 Year Reviews By Appointment</u>	<u>Healthy Child Clinic</u> 1.15-3.15pm <u>2 Year Reviews By Appointment</u>	<u>Stay and Play (1-4 Years)</u> 9.15-10.30am <u>Stay and Play (1-4 Years)</u> 11.00-12.15 pm <u>Speech & Language (2nd Monthly) By Invitation</u> <u>Citizens Advice By Appointment</u>	<u>Stay and Play Baby Group (0-1 Years)</u> 2.00-3.15pm No Group 22 NOV & 29 NOV	<u>Stay and Play (1-4 Years)</u> 9.15-10.30am <u>Stay and Play (1-4 Years)</u> 11.00-12.15 pm <u>Antenatal Check By Appointment</u>	<u>Stay and Play (1-4 Years)</u> 2.00-3.15pm <u>Antenatal Check By Appointment</u>	<u>TALK ACTIVITY By Appointment</u> 9.30-10.30am <u>2 Year Reviews By Appointment</u>	<u>2 Year Reviews By Appointment</u> First Time Parent Programme <u>By Invitation</u> 1.00- 2.15pm FAMILY SUPPORT DROP-IN 1- 4pm <u>By Appointment</u>	<u>Stay and Play (1-4 Years)</u> 9.15-10.30am <u>Stay and Play (1-4 Years)</u> 11.00-12.15 pm <u>Antenatal Checks By Appointment</u>
Carterhatch Autumn Close Enfield EN1 4JY	<u>Stay and Play (1-4 Years)</u> 9.15-10.30am <u>Stay and Play (1-4 Years)</u> 11.00-12.15 pm <u>2 Year Reviews By Appointment</u> <u>Speech & Language (1st & 3rd Monthly) By Invitation</u>	<u>Stay and Play Baby Group (0-1 Years)</u> 2.00-3.15 pm <u>Speech & Language (3rd Monthly) By Invitation</u>	<u>Stay and Play (1-4 Years)</u> 9.15-10.30am <u>Stay and Play (1-4 Years)</u> 11.00-12.15 pm FAMILY SUPPORT DROP-IN 9-12pm <u>By Appointment</u>	<u>Stay and Play (1-4 Years)</u> 1.45-3.00 pm <u>2 Year Reviews By Appointment</u> <u>6/8 week Reviews By Appointment</u>	<u>Let's Play By Invitation</u> 9.30-10.30pm <u>Let's Play By Invitation</u> 11.00-12.00pm <u>Citizens Advice By Appointment</u>	<u>Perinatal Baby Group</u> <u>By Invitation</u> 1.30-2.30 <u>Citizens Advice By Appointment</u>	<u>Stay and Play (1-4 Years)</u> 9.15-10.30am <u>Stay and Play (1-4 Years)</u> 11.00-12.15 pm <u>Breastfeeding Support By Appointment</u> <u>Antenatal Checks By Appointment</u>	<u>Stay and Play Baby Group (0-1 Years)</u> 2.00-3.15pm <u>2 Year Reviews By Appointment</u> <u>Antenatal Checks By Appointment</u>	<u>Healthy Child Clinic DROP IN</u> 9.30-11.30am <u>2 Year Reviews By Appointment</u>
Raynham Woolmer Road N18 2JJ	HENRY Starting Solids Workshop **for babies 4- 7 months** Raynham Children's Centre Thursday 24th November 2022 1.30- 3.30 pm Eldon Children's Centre Tuesday 29th November 2022 1.30- 3.30 pm		<u>Healthy Child Clinic DROP IN</u> 9.30-11.15 am <u>2 Year Reviews By Appointment</u>		<u>Stay and Play (1-4 Years)</u> 11.15-12.30 pm <u>TALK ACTIVITY By Appointment</u> 9.30-10.30	<u>Stay and Play (1-4 Years)</u> 2.00-3.15pm	<u>Stay and Play (1-4 Years)</u> 9.15-10.30am <u>Stay and Play (1-4 Years)</u> 11.00-12.15 pm <u>Citizens Advice By Appointment</u> <u>Speech & Language (4th Monthly) By Invitation</u>	<u>Stay and Play Baby Group (0-1 Years)</u> 2.00-3.15pm No Group 24 NOV <u>Health Visitor Clinic By Appointment</u>	<u>Let's Play By Invitation</u> 9.30-10.30am <u>Let's Play By Invitation</u> 11.00-12.00pm
Hazelwood Hazelwood Lane N13 5HE	<u>Perinatal Mental Health service</u> <u>By Invitation</u>	<u>Perinatal Mental Health service</u> <u>By Invitation</u>	<u>EPIP</u> <u>By Appointment</u>		<u>6/8 week Reviews By Appointment</u>	<u>SALT (2nd Monthly) By Appointment</u>	<u>2 Year Reviews By Appointment</u>	<u>2 Year Reviews By Appointment</u>	<u>Antenatal Checks By Appointment</u>

*De Bohun Primary School is part of the Enfield School Streets initiative. **Please be advised that if you drive outside the school between 8.15-9.15am and 2.45-3.45pm, you will incur a fine.** If you need further information, please email healthystreets@enfield.gov.uk*

Description of Sessions

<p><u>Baby Group</u> (0-1 years) Call & leave a message to book</p> <p>Stay and Play sessions for parents & babies who are not yet walking to share experiences, meet new friends and gain information</p> <p><u>Stay and Play</u> (1- 4 year olds) Call & leave a message to book</p> <p>Stay and Play sessions that will enrich your child's knowledge and development through play, helping your children explore their creativity and language</p>	<p><u>FAMILY SUPPORT DROP-IN</u> Call to Book an appointment</p> <p>A Family Support Worker will be available to talk things through & offer guidance and support. No problem is too big or small .</p> <p><u>BEING A PARENT COURSE</u></p> <p>An 8 week course run at the Lancaster Centre in Enfield covering topics such as : Being a good enough parent, playtime, behavior, discipline, listening & communication, coping with stress</p> <p>To book or for more information please contact : Kerry Freshwater 07719 324902 Leoni Hill 07719 324807</p>	<p><u>Citizens Advice Bureau</u></p> <p>Call 020 8106 9996 to book an appointment</p> <p>A trained adviser will be available to provide one-to-one consultations covering Welfare, Benefits and Debt advice, Housing etc</p>	<p><u>Breastfeeding Support</u></p> <p>Support and advice from our breastfeeding peer supporters.</p> <p>To refer yourself into this service please email northmid.breferrals@nhs.net</p>
<p><u>Healthy Child Clinic</u></p> <p>DROP IN—no need to make an appointment</p> <p>CALL 020 3988 7300 for any Health enquiries or concerns</p> <p>A Health Visitor led baby & child 1-4 years weighing clinic</p> <p><u>Two Year Reviews</u> By Invitation Only</p> <p>A Health Visiting Team led service CALL 020 3988 7300 for any Health enquiries or concerns</p>	<p><u>EPIP</u></p> <p>By Appointment only</p> <p>Service for parents-to-be and parents with babies up to 18 months. Are you finding things more difficult than you anticipated? Have you been feeling low or depressed? Are you feeling concerned that you haven't formed a bond?</p> <p>Contact Carol Levine 07815492535 for further information</p>	<p><u>Speech & Language</u> By Appointment only Appointment with a Speech and Language therapist—call 020 8702 5226</p> <p><u>Let's Play</u> By Invitation Only Language & Communication Group for children invited by the Speech & Language team</p> <p><u>Talk Activity</u> By Invitation Only Group for children invited by the Speech & Language team</p>	<p><u>First Time Parents Programme</u></p> <p>Call to Book a place on waiting list</p> <p>For first time parents with babies aged 2 to 4 months- The program covers parents' well-being, early communication, weaning and sleeping and it's a great opportunity to meet local parents.</p> <p><u>HENRY Starting Solids Workshop</u></p> <p>Call to Book a place on waiting list</p> <p>For parents with babies aged 4-7 months ensuring babies have a healthy start in life</p>

All Sessions are FREE for families with children under 5

Please refer to our website for up to date information- www.ccenfield.org

You can also find our privacy policy on <https://www.ccenfield.org/privacy-policy/>