

Free

North Mid Breastfeeding drop-in Groups in Haringey and Enfield

All welcome

Welcome at any stage of your breastfeeding journey

Haringey Breastfeeding Drop-in group

Tuesdays 11.00-13.00

T on the Green Cafe

Bruce Castle Park

Lordship Lane

Haringey N17



Partners/ family or friend welcome

Outdoor play area for toddlers

Run by midwife and peer supporter



Please wear a mask and social distance
when indoors

**For more information
contact Jane 07816364361**



Free

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Welcome at any stage of your breastfeeding journey

Enfield Breastfeeding drop in group

Wednesdays 13.00-15.00

Culture Palace

51 Palace Gardens Shopping Centre

Enfield EN2 6SN



Run by midwife and health visitor

Partners/ family or friend welcome

Find out more about

baby carrying from

Andrea sling consultant

part of the Enfield Sling library

Please wear a mask and social distance when
indoors

**For more information contact
Adele 07929744696 or
Jane 07816364361**

